

7th IBSA World Powerlifting Championships 4th IBSA Bench Press Championships Bench Results											
7/11/2009											
Name	Year	Div	BWt (Lb)	WtCls (Lb)	Wilks Coeff	Bench 1	Bench 2	Bench 3	Best Bench	Best BP x Wilks	Bench Press Pl- Div-WtCl
France Gagne	1962	M-M1B	108.9	110	0.5903	200	210.5	215	215	126.92	1-M-M1B
Jamshid Mirshekari	1962	M-M1B	99.5	100	0.6098	170	180	185	185	112.82	2-M-M1B
Carlos Green	1968	M-M1B	121.4	125	0.5734	160	172.5	187.5	187.5	107.51	3-M-M1B
Cody Calchoda	1963	M-M1B	102.2	110	0.6035	160	-182.5	-182.5	160	96.55	4-M-M1B
Barrios Cruz	1955	M-M2	87.9	90	0.6463	145	-150	-157.5	145	93.71	1-M-M2
Angel Rojas	1958	M-M2	80	82.5	0.6827	120	125	130	130	88.75	2-M-M2
Charles King	1950	M-M2	101.4	110	0.6053	-92.5	92.5	-115	92.5	55.99	3-M-M2
Tom Monroe	1952	M-M2	122.7	125	0.5721	-92.5	92.5	-102.5	92.5	52.92	4-M-M2



Chief Referee

Side Referee

Side Referee

7/10/2009**7th IBSA World Powerlifting Championships/4th IBSA World Bench Press Championships**

Bench Press Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Year	BP-1	BP-2	BP-3	Best BP	(2) Wilks Pts	Placing
Sunny Aparece	USA	F-Jr	47.6	48	5	1.3326	1993	27.5	-32.5	-32.5	27.5	36.646	1
Sara Bair	USA	F-Jr	64.4	67.5	9	1.0564	1992	25	-30	30	30	31.692	2
Meltem Tirrikli	TUR	F-OA	55.5	56	7	1.1849	1985	40	45	50	50	59.245	1
Dondu Kanat	TUR	F-OA	51.6	52	8	1.2541	1975	40	45	-47.5	45	56.434	2
Sunny Aparece	USA	F-OA	47.6	48	5	1.3326	1993	27.5	-32.5	-32.5	27.5	36.646	3
Aysa Miller	USA	F-OB	70.2	75	4	0.9929	1979	65	-70	-70	65	64.539	1
Vanessa Murby	JPN	F-OB	81.3	82.5	6	0.907	1985	-55	55	-60	55	49.885	2
Sara Bair	USA	F-OB	64.4	67.5	9	1.0564	1992	25	-30	30	30	31.692	3
Sajjad Khaledan	IRI	M-JrA	55.8	56	14	0.9135	1987	110	117.5	122.5	122.5	111.904	1
Hector Pava	VEN	M-JrA	58.4	60	13	0.8745	1990	65	-72.5	-77.5	65	56.842	2
TJ Breitenfeldt	USA	M-JrA	48.5	56	11	1.058	1994	32.5	45	-50	45	47.610	3
Tyler Shepard	USA	M-JrB	62	67.5	28	0.8281	1991	42.5	47.5	50	50	41.405	1
Christopher Green	USA	M-JrB	64.5	67.5	19	0.8004	1993	40	50	-55	50	40.020	2
Seyed Hadi Hosseini Pirkoochi	IRI	M-M1	65.7	67.5	26	0.7881	1968	110	120	-127.5	120	94.572	1
Angel Rojas	VEN	M-M1	80	82.5	24	0.6827	1958	120	125	130	130	88.751	2
Luis Garcias	VEN	M-M1	80.8	82.5	29	0.6785	1961	115	-130	-130	115	78.027	3
Alexander Bukanov	RUS	M-M1	81.8	82.5	31	0.6734	1960	0			INJ		#N/A
Sajjad Khaledan	IRI	M-O	55.8	56	14	0.9135	1987	110	117.5	122.5	122.5	111.904	1
Serhat Us	TUR	M-O	55.2	56	12	0.9233	1985	80	90	92.5	92.5	85.405	2
TJ Breitenfeldt	USA	M-O	48.5	56	11	1.058	1994	32.5	45	-50	45	47.610	3
Hector Pava	VEN	M-O	58.4	60	13	0.8745	1990	65	-72.5	-77.5	65	56.842	1
Evgeny Golovko	RUS	M-O	66.8	67.5	30	0.7775	1983	135	-142.5	145	145	112.737	1
Seyed Hadi Hosseini Pirkoochi	IRI	M-O	65.7	67.5	26	0.7881	1968	110	120	-127.5	120	94.572	2
Mehement Kaymakoglu	TUR	M-O	66.7	67.5	22	0.7785	1971	95	102.5	-105	102.5	79.796	3
Christopher Green	USA	M-O	64.5	67.5	19	0.8004	1993	40	50	-55	50	40.020	4
Tyler Shepard	USA	M-O	62	67.5	28	0.8281	1991	42.5	47.5	50	50	41.405	5
Lukas Sacher	CZE	M-O	71.9	75	27	0.7345	1977	142.5	-152.5	-152.5	142.5	104.666	1
Vladimir Prochenko	RUS	M-O	73.8	75	23	0.7207	1971	132.5	137.5	-142.5	137.5	99.096	2
Ömer Galip Kesim	TUR	M-O	73.7	75	18	0.7214	1973	110	115	-120	115	82.961	3
Mehdi Baharzedah	IRI	M-O	74.7	75	25	0.7146	1982	-150	-150	-150	0	0.000	
Soleimani Khorasgani Mohammad	IRI	M-O	82.3	82.5	21	0.6709	1979	155	160	-165	160	107.344	1
Angel Rojas	VEN	M-O	80	82.5	24	0.6827	1958	120	125	130	130	88.751	2
Luis Garcias	VEN	M-O	80.8	82.5	29	0.6785	1961	115	-130	-130	115	78.027	3
Alexander Bukanov	RUS	M-O	81.8	82.5	31	0.6734	1960	0		0	INJ		
Martin Bihary	CZE	M-O	82	82.5	20	0.6724	1973	-190	-190	-190	0	0.000	

Side Referee

Chief Referee





7th IBSA World Powerlifting Championships
4th IBSA Bench Press Championships

7/11/2009

Name	Year	Div	BWt (Lb)	WtCls (Lb)	Wilks Coeff	Bench 1	Bench 2	Bench 3	Best Bench	Best BP x Wilks	Bench Press Pl Div-WtCI
Sergey Shatalov	1983	M-O	88.1	90	0.6455	180	185	190	190	122.65	1-M-O-90
Igor Baskakov	1981	M-O	89	90	0.6421	175	182.5	187.5	187.5	120.39	2-M-O-90
Barrios Cruz	1955	M-O	87.9	90	0.6463	145	-150	-157.5	145	93.71	3-M-O-90
Adam Burry	1981	M-O	88.9	90	0.6424	0			0	0.00	0-M-O-90
Steve Pena	1973	M-O	98.1	100	0.6134	207.5	-227.5	-227.5	207.5	127.28	1-M-O-100
Roland Mitterlehner	1970	M-O	99.3	100	0.6103	197.5	-208	-208	197.5	120.54	2-M-O-100
Sergei Mikhalev	1989	M-O	98.3	100	0.6129	185	-200	-210	185	113.38	3-M-O-100
Jamshid Mirshekari	1962	M-O	99.5	100	0.6098	170	180	185	185	112.82	4-M-O-100
Patrick Donelan	1987	M-O	93.5	100	0.6266	100	-110	110	110	68.93	5-M-O-100
Vitaly Mayer	1971	M-O	108	110	0.5919	220	230	240	240	142.06	1-M-O-110
France Gagne	1962	M-O	108.9	110	0.5903	200	210.5	215	215	126.92	2-M-O-110
Rohan Ahmadi	1976	M-O	107.9	110	0.5921	190	207.5	-210	207.5	122.86	3-M-O-110
Cody Calchoda	1963	M-O	102.2	110	0.6035	160	-182.5	-182.5	160	96.55	4-M-O-110
Charles King	1950	M-O	101.4	110	0.6053	-92.5	92.5	-115	92.5	55.99	5-M-O-110
Tim Ekert	1980	M-O	113.1	125	0.5837	-205	205	215	215	125.50	1-M-O-125
Carlos Green	1968	M-O	121.4	125	0.5734	160	172.5	187.5	187.5	107.51	2-M-O-125
Tom Monroe	1952	M-O	122.7	125	0.5721	-92.5	92.5	-102.5	92.5	52.92	3-M-O-125
Stephen Jesso	1978	M-O	171.5	125+	0.5424	-235	235	245	245	132.88	1-M-O-125+
Seyed Aboulfazil Mosavi	1987	M-O	132.6	125+	0.5636	-170	170	180	180	101.46	2-M-O-125+
Sergei Mikhalev	1989	M-JrC	98.3	100	0.6129	185	-200	-210	185	113.38	1-M-JrC
Seyed Aboulfazil Mosavi	1987	M-JrC	132.6	125+	0.5636	-170	170	180	180	101.46	2-M-JrC
Patrick Donelan	1987	M-JrC	93.5	100	0.6266	100	-110	110	110	68.93	3-M-JrC

Chief Referee

Side Referee

Side Referee

7/10/2009 7th IBSA World Powerlifting Championships/4th IBSA World Bench Press Championships

Fit B	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	(1) PL Total	(2) Wilks Pts	Placing	
A	Sunny Aparece	USA	F-Jr	47.6	48	5	1.3326	1993	30	35	37.5	27.5	32.5	32.5	55	60	65	130	173.238	1	
A	Sara Bair	USA	F-Jr	64.4	67.5	9	1.0564	1992	30	35	40	25	30	30	50	65	77.5	135	142.614	2	
A	Meltem Tirikli	TUR	F-OA	55.5	56	7	1.1849	1985	65	70	75	40	45	50	90	100	105	230	272.527	1	
A	Dondü Kanat	TUR	F-OA	51.6	52	8	1.2541	1975	65	65	72.5	40	45	47.5	90	95	100	210	263.361	2	
A	Sunny Aparece	USA	F-OA	47.6	48	5	1.3326	1993	30	35	37.5	27.5	32.5	32.5	55	60	65	130	173.238	3	
A	Aysa Miller	USA	F-OB	70.2	75	4	0.9929	1979	110	120	130	65	70	70	130	142.5	150	335	332.622	1	
A	Vanessa Murby	JPN	F-OB	81.3	82.5	6	0.907	1985	115	125	130	55	55	60	145	155	160	340	308.380	2	
A	Sara Bair	USA	F-OB	64.4	67.5	9	1.0564	1992	30	35	40	25	30	30	50	65	77.5	135	142.614	3	
A	Sajjad Khaledan	IRI	M-JrA	55.8	56	14	0.9135	1987	185	195	205	110	117.5	122.5	150	165	170	487.5	445.331	1	
A	Hector Pava	VEN	M-JrA	58.4	60	13	0.8745	1990	107.5	117.5	130	65	72.5	77.5	120	132.5	140	335	292.957	2	
A	TJ Breitenfeldt	USA	M-JrA	48.5	56	11	1.058	1994	45	55	60	32.5	45	50	77.5	90	100	205	216.890	3	
B	Tyler Shepard	USA	M-JrB	62	67.5	28	0.8281	1991	57.5	67.5	72.5	42.5	47.5	50	100	110	110	232.5	192.533	1	
B	Christopher Green	USA	M-JrB	64.5	67.5	19	0.8004	1993	50	60	70	40	50	55	82.5	82.5	90	210	168.084	2	
B	Seyed Hadi Hosseini Pirkoobi	IRI	M-M1A	65.7	67.5	26	0.7881	1968	195	210	215	110	120	127.5	170	190	200	535	421.634	1	
B	Luis Garcias	VEN	M-M1A	80.8	82.5	29	0.6785	1961	170	180	190	115	130	130	170	180	200	495	335.857	2	
B	Alexander Bukanov	RUS	M-M1A	81.8	82.5	31	0.6734	1960	0	0	0	0	0	0	0	0	0	0.000	0.000	3	
A	Sajjad Khaledan	IRI	M-O	55.8	56	14	0.9135	1987	185	195	205	110	117.5	122.5	150	165	170	487.5	445.331	1	
A	Serhat U	TUR	M-O	55.2	56	12	0.9233	1985	150	170	80	90	92.5	160	180	187.5	450	415.485	2		
A	TJ Breitenfeldt	USA	M-O	48.5	56	11	1.058	1994	45	55	60	32.5	45	50	77.5	90	100	205	216.890	3	
A	Hector Pava	VEN	M-O	58.4	60	13	0.8745	1990	107.5	117.5	130	65	72.5	77.5	120	132.5	140	335	292.957	1	
B	Seyed Hadi Hosseini Pirkoobi	IRI	M-O	65.7	67.5	26	0.7881	1968	195	210	215	110	120	127.5	170	190	200	535	421.634	1	
B	Evgeny Golovko	RUS	M-O	66.8	67.5	30	0.7775	1983	180	192.5	200	135	142.5	145	170	170	182.5	515	400.412	2	
B	Mehmet Kaymakoglu	TUR	M-O	66.7	67.5	22	0.7785	1971	155	170	175	95	102.5	105	185	200	205	472.5	367.841	3	
B	Tyler Shepard	USA	M-O	62	67.5	28	0.8281	1991	57.5	67.5	72.5	42.5	47.5	50	100	110	110	232.5	192.533	4	
B	Christopher Green	USA	M-O	64.5	67.5	19	0.8004	1993	50	60	70	40	50	55	82.5	82.5	90	210	168.084	5	
B	Ömer Galip Kesim	TUR	M-O	73.7	75	18	0.7214	1973	140	150	155	110	115	120	200	220	230	500	367.841	6	
B	Vladimir Prochenko	RUS	M-O	73.8	75	23	0.7207	1971	170	170	170	132.5	137.5	142.5	170	180	192.5	500	367.841	7	
B	Mehdi Baharzedah	IRI	M-O	74.7	75	25	0.7146	1992	215	225	235	150	150	150	200	0	0	0	0.000	0.000	8
B	Rezaei Khosroghani Mohammad	IRI	M-O	82.3	82.5	21	0.6709	1979	180	195	205	155	160	165	235	250	255	610	400.412	9	
B	Angel Rojas	VEN	M-O	80	82.5	24	0.6827	1958	190	205	210	125	130	130	170	185	195	525	335.857	10	
B	Luis Garcias	VEN	M-O	80.8	82.5	29	0.6785	1961	170	180	190	115	130	130	170	180	200	495	335.857	11	
B	Alexander Bukanov	RUS	M-O	81.8	82.5	31	0.6734	1960	0	0	0	0	0	0	0	0	0	0	0.000	0.000	12



Weight Class

7/11/2009

7th IBSA World Powerlifting Championships 4th IBSA Bench Press Championships

Name	Year	Div	BWT (Lb)	WtCls (Lb)	Coeff	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	PL Total	Wilks Total	Placing Div-WtCls	Pi-	Tm Pts	Team	Events
Steve Pena	1973	M-O	99.1	100	0.6134	202.5	-245	215	207.5	-227.6	-227.6	207.5	215	-227.6	637.5	391.03	4-M-O-100		7	USA	PL - BP
Patrick Donelan	1987	M-O	93.5	100	0.6266	180	-192.5	-192.5	100	-140	110	187.5	200	210	500.0	313.30	5-M-O-100		6	USA	PL - BP
Vitaly Mayer	1971	M-O	108	110	0.5919	260	280	300	220	230	240	240	250	260	800.0	473.52	1-M-O-110		12	RUS	PL - BP
Rohan Ahmadi	1976	M-O	107.9	110	0.5921	290	305	312.5	190	207.5	-240	240	255	-260	775.0	458.86	2-M-O-110		9	IRI	PL - BP
France Gagne	1962	M-O	108.9	110	0.5903	252.5	262.5	-270	200	210.5	215	235	252.5	-267.5	730.0	430.95	3-M-O-110		8	CAN	PL - BP
Cody Calchoda	1963	M-O	102.2	110	0.6035	227.5	-245		160	-182.5	-182.6	165	182.5	227.5	615.0	371.13	4-M-O-110		7	USA	PL - BP
Charles King	1950	M-O	101.4	110	0.6053				-92.5	92.5	-146						#N/A		#N/A	USA	BP
Carlos Green	1968	M-O	121.4	125	0.5734	-266	265	282.5	160	172.5	187.5	275	292.5	-302.6	762.5	437.22	1-M-O-125		12	TRI	PL - BP
Tim Ekert	1980	M-O	113.1	125	0.5937	-236	240	-266	-206	205	215	205	240	-260	695.0	405.68	2-M-O-125		9	CAN	PL - BP
Tom Monroe	1952	M-O	122.7	125	0.5721	112.5	130	-142.6	-92.6	92.5	-102.6	142.5	160	182.5	405.0	231.69	3-M-O-125		8	USA	PL - BP
Stephen Jesso	1978	M-O	171.5	125+	0.5424	330	-340	340	-236	235	245	285	300		885.0	480.01	1-M-O-125+		12	CAN	PL - BP
Seyod Abouaziz Mosaa	1987	M-O	132.6	125+	0.5636	250	270	280	-170	170	180	240	-270	-270	700.0	394.55	2-M-O-125+		9	IRI	PL - BP

Chief Referee

Side Referee



Weight Class

7/11/2009

7th IBSA World Powerlifting Championships 4th IBSA Bench Press Championships

Name	Year	Div	BWT (Lb)	WCIs (Lb)	Coeff	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t1	Deadlif t2	Deadlif t3	PL Total	Wilks Total	Placing Div-WtCI	Pl- Div-WtCI	Tm Pts	Team	Events
Sergei Mikhailov	1989	M-JrC	98.3	100	0.6129	290.5	-295	295	185	-200	-240	-260	260	261	741.0	454.13	1-M-JrC		12	RUS	PL - BP
Sayed Aboufadiel Mousa	1987	M-JrC	132.6	125+	0.5838	250	270	280	-470	170	180	240	-270	-270	700.0	394.55	2-M-JrC		9	IRI	PL - BP
Patrick Donelan	1987	M-JrC	93.5	100	0.6286	180	-182.5	-182.5	100	-440	110	187.5	200	210	500.0	313.30	3-M-JrC		8	USA	PL - BP
Jamshid Mirshekari	1962	M-M1B	99.5	100	0.6098	270	290	305	170	180	185	210	230	235	725.0	442.12	1-M-M1B		12	IRI	PL - BP
Carlos Green	1968	M-M1B	121.4	125	0.5734	-265	265	282.5	160	172.5	187.5	275	292.5	-302.5	762.5	437.22	2-M-M1B		9	TRI	PL - BP
France Gagne	1962	M-M1B	108.9	110	0.5903	252.5	262.5	-270	200	210.5	215	235	252.5	-267.5	730.0	430.95	3-M-M1B		8	CAN	PL - BP
Cody Calchode	1963	M-M1B	102.2	110	0.6035	227.5	-245		160	-182.5	-182.5	165	182.5	227.5	615.0	371.13	4-M-M1B		7	USA	PL - BP
Barrios Cruz	1955	M-M2	87.9	90	0.6463	180	190	205	145	-150	-157.5	180	190	202.5	552.5	357.08	1-M-M2		12	VEN	PL - BP
Angel Rojas	1958	M-M2	90	82.5	0.6827	-140	190	205	120	125	130	170	185	-195	520	355.00	2-M-M2		9	VEN	PL - BP
Tom Monroe	1952	M-M2	122.7	125	0.5721	112.5	130	-142.5	-92.5	92.5	-102.5	142.5	160	182.5	405.0	231.69	3-M-M2		8	USA	PL - BP
Charles King	1950	M-M2	101.4	110	0.6053				-92.5	92.5	-115						#N/A	#N/A	USA	BP	
Igor Baskakov	1981	M-O	89	90	0.6421	270	275	280	175	182.5	187.5	240	245	250	717.5	460.69	1-M-O-90		12	RUS	PL - BP
Sergey Shatalov	1983	M-O	88.1	90	0.6455	287.5	272.5	277.5	180	185	190	235	240	245	712.5	459.93	2-M-O-90		9	RUS	PL - BP
Barrios Cruz	1955	M-O	87.9	90	0.6463	180	190	205	145	-150	-157.5	180	190	202.5	552.5	357.08	3-M-O-90		8	VEN	PL - BP
Adam Bury	1981	M-O	88.9	90	0.6424	-195	-195	-195									#N/A	#N/A			
Sergei Mikhailov	1989	M-O	98.3	100	0.6129	290.5	-295	295	185	-200	-240	-260	260	261	741.0	454.13	1-M-O-100		12	RUS	PL - BP
Jamshid Mirshekari	1962	M-O	99.5	100	0.6098	270	290	305	170	180	185	210	230	235	725.0	442.12	2-M-O-100				
Roland Mitterlehner	1970	M-O	98.3	100	0.6103	260	-270	-270	197.5	-208	-208	250	260	-285	717.5	437.90	3-M-O-100				

Chief Referee

Side Referee

